

## CAFETERIA MANAGEMENT / OPERATING DECISION

# Cafeteria Management: Self-Operate or Outsource?

Cafeteria management is the work of running the service, not simply supplying the food. Before deciding who should manage it, define the daily work, the resources available, and how you will measure the result.

## 01 Compare the work, then the operating model.

A self-operated cafeteria and an outsourced service both need staffing, purchasing, menus, receiving, storage, food-safety procedures, cleaning, payment systems, and management. Changing the operator does not remove the work. The decision changes who is accountable for performing and funding it.

| Decision             | Self-operated: establish                                                   | Outsourced: establish                                                      |
|----------------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------|
| People               | Internal management capacity, recruitment, training, and absence coverage. | Proposed team, staffing assumptions, relief coverage, and escalation.      |
| Purchasing and menus | Who manages suppliers, purchasing controls, inventory, and menu changes.   | Purchasing responsibilities, approval rights, menu process, and reporting. |
| Facilities           | Budget and owners for equipment, utilities, maintenance, and replacement.  | Which responsibilities remain with your organization and which are priced. |
| Money                | Complete internal costs and the treatment of sales and contributions.      | Fees, reimbursements, credits, exclusions, and volume changes.             |
| Performance          | Internal measures, review cadence, and authority to make changes.          | Agreed measures, reporting access, review process, and responsibilities.   |

**02 Get a baseline before asking for savings.**

Map your current spending for a defined period, separating food, labor and related employment costs, management, supplies, technology, facilities, and opening or replacement investments. Note what is allocated from another department or missing from the cafeteria budget.

Ask for the same service schedule and volumes in the proposed model. A lower total produced by fewer meal periods, different hours, or unpriced equipment is a scope change to evaluate, not automatically a saving.

**03 Match service to actual attendance.**

Record who is on site by day and shift. Identify required meal periods and the minimum service you need on quieter days. Ask what happens to staffing, menu breadth, service hours, and cost when attendance changes. Include that response in your evaluation.

**04 Bring this question to the meeting**

"If our busiest and quietest days look different, what operating plan would you use for each-and which costs or responsibilities would change?"

**05 Keep the commercial arrangement explicit.**

Do not assume the name of a pricing model settles who pays each cost. Ask how fees, expenses, sales revenue, employer contributions, credits, and any investment reconcile. Establish approval rights, reporting access, and what can change the agreed price.

For additional institutional contracting context, see Farm to Institution New England's Food Service Toolkit. Its regional-food procurement focus is broader than this workplace checklist.

<https://www.farmtoinstitution.org/food-service-toolkit>

**06 Use a decision record, not a rushed yes or no.**

- Define the problem and service requirements.
- Document the current operation and complete cost baseline.
- Compare feasible models against the same scope.
- Identify unresolved responsibilities, constraints, and transition work.
- Confirm the internal owners and approvals for the next step.

Use the dining program checkup to find missing preparation, the budget calculator for meal-contribution scenarios, and the proposal comparison to record known charges and open questions.

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## Does outsourcing automatically lower cafeteria cost?

No conclusion follows from the model alone. Compare complete costs, equivalent service, proposed staffing, exclusions, and the commercial terms. DiningScope's tools help organize those inputs; they do not predict savings.

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### Put your next decision in focus.

Request a free project review at [diningScope.com/contact/](https://diningScope.com/contact/)